



#### Face Tape application for Marionette lines (corner of mouth to jawline)

Use no more than 5% stretch on the tape (almost none). This will prevent irritation.

The goal is to improve the skin tissue. Start by measuring the distance from the ear to the cheekbone and cutting a fan shape with three strips in the same length. Place the base of the tape near the ear. Gently puff out the cheek and apply each of the strips to the wrinkle at the corner of the mouth, stretching the tape to its maximum of 5%. You should see that the skin has been pulled toward the ear.



#### Face Tape application for facial (horizontal) wrinkles

Use no more than 5% stretch on the tape (almost no stretch). This will prevent irritation.

You can apply all of the tapes on the image or part of the tapes separately, depending on the facial wrinkles you wish to tackle.

- On the forehead, apply strips of tape over the facial wrinkles, starting at the hairline downwards.
- Next, apply tape next to the eyes. Start slightly above the eyebrow and apply the tape downwards.
- The tape next to the nose is for correction of the corners of the mouth. Start next to the nose towards the corner of the mouth.
- The final tapes are applied under the chin. Start under the chin and apply the tape towards the lips.



#### Face Tape application "The Sun"

Use no more than 5% stretch on the tape (almost no stretch). This will prevent irritation.

This application is simple and doesn't require any special medical knowledge. Cut tape strips that are about 1 cm wide and 4 cm long. Start on the outside of your face and apply the tape inwards. This will help to "lift" the skin. Apply the tape strips around your face like the shape of a sun. You can leave it on for 3 hours or even overnight if you prefer.