Magnide® and Magnide® 2in1 from Arion Slide Solutions minimise friction between compression garments and skin thanks to the product's sliding properties provided by the unique fabric and coating. The friction reduction is particularly helpful to slide the garment over the heel area, which is the broadest part of the foot.

### EASY, SAFE AND SIMPLE SOLUTION

- Reduces physical strain for both compression wearers and caregivers.
- May contribute to a longer life for the garment and to maintaining the original compression longer by preventing damage from fingers or nails and avoiding overstretching and distortion.
- Promotes independence of compression wearers and supports therapy compliance.

### CONTRAINDICATIONS

- Do not use the product if you are allergic to any of its component (see composition).
- · Open wounds should be covered with an appropriate dressing before using the product.

### 

- The Magnide and Magnide 2in1 contain several magnets. Keep these products away from pacemakers and defibrillators. The magnetic field may interfere with the proper operation of this equipment (minimum distance = 30 cm / 11.8").
- Suffocation hazard: Keep the product away from babies, children, and pets.
- Slipping hazard: Do not step on the product. Highly slippery material.
- For external use only: Intended for skin contact. Seek medical attention if irritation develops

### **CARE INSTRUCTIONS**

- Wash by hand, at max. 30°C/86°F.
- Do not bleach.
  Do not iron
- Do not tumble dry. Dry the product only with a towel.Do not dry clean.
- Do not iron.
  - Disinfection possible with a 70% ethanol solution.

### SIZING

#### Arion Magnide®

REF	Size	Size Shoe EU	Shoe size women	UK men	Shoe size women	e US men
Eo 1513	Medium	≤ 38	$\leq 5^{1/2}$	≤ 6	$\leq 7^{1/2}$	≤ 6
Eo 1514	Large	39 - 43	6 - 8	6 <sup>1/2</sup> - 9	8 <sup>1/2</sup> - 11	6 <sup>1/2</sup> - 10
Eo 1515	Extra large	≥ 44	≥ 9	≥ 9 <sup>1/2</sup>		≥11

XL is also suitable for extra wide feet (foot circumference up to 28 cm / 11")

### Arion Magnide® 2in1

REF	Size	Size Shoe EU	Shoe size women	UK men	Shoe size women	e US men
Eo 1540	Medium	≤ 38	$\leq 5^{1/2}$	≤ 6	$\leq 7^{1/2}$	≤ 6
Eo 1541	Large	39 - 43	6 - 8	6 <sup>1/2</sup> - 9	8 <sup>1/2</sup> - 11	6 <sup>1/2</sup> - 10
Eo 1542	Extra large	≥ 44	≥ 9	≥ 9 <sup>1/2</sup>		≥ 11
		I	I		l	

XL is also suitable for extra wide feet (foot circumference up to 28 cm / 11")



### Distributed by:

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Manufactured by:

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ARION Magnide<sup>®</sup> 2in1

open toe instructions

Donning aid for medical compression stockings with an open or closed toe



# Self-management

### Important information before you start using the product:

- A. Useful tips:
  - Wear special non-slip gloves when using the product. This gives you maximum grip on the stocking and reduces the physical strength needed.
  - if the compression garment has a silicone border, make sure to turn it outwards.
- **B.** If you have difficulty reaching your toes, please place your foot on a low chair to avoid bending too much. C. Important! Slide your foot toward the opening of the Magnide just until your toes reach the end. It is important to ensure the magnets under your foot remain in contact.



## **Donning instructions:**

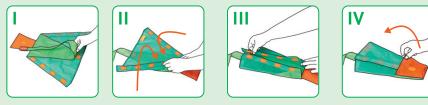
- Place the Magnide<sup>®</sup> (2in1) on your foot with the light green loop facing up towards you
- Once the foot is inside the Magnide<sup>®</sup> (2in1), open the orange flap at the toe area, so that the flap is fixed on top of the foot.
- **3** Gently slide your foot toward the opening at the front of the Magnide<sup>®</sup> (2in1).
- Pull the stocking over the Magnide<sup>®</sup> (2in1) and slide it over the foot. Make sure the heel of the stocking is in place.
- **5** Pull the light green loop to remove the Magnide<sup>®</sup> (2in1) from the stocking.

**Extra tip:** By synchronously pulling the stocking up the leg and removing the Magnide<sup>®</sup> (2in1) by pulling the light green loop, you can ensure the smooth sliding of the stocking over the calf and higher (in the case of thigh high stockings)



## Preparation to re-use Arion Magnide<sup>®</sup> (2in1):

- Fix the top of the loop to the top of the product by using the magnet.
- Turn over the product and place it on a flat surface with the label facing up.
- Fold both sides with magnets to the centre, so that the magnets make contact. The orange stitching .... is now visible on the outside.
- **IV** Close the orange flap over the product so that the magnets make contact.



### Watch our instruction video here: ugr.to/test or scan this QR code:



## For caregivers

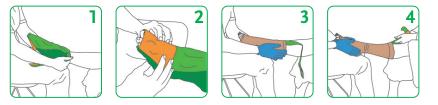
## Important information before you start using the product:

- **A.** Useful tips:
  - Wear special non-slip gloves when using the product. This gives you maximum grip on the stocking and reduces the physical strength needed.
  - if the compression garment has a silicone border, make sure to turn it outwards.
- Important! Slide the patient's foot towards the opening of the Magnide® (2in1) just until your toes reach В. the end. It is important to ensure that the magnets under the foot remain in contact.
- **C.** Make sure to attain an active position by sitting at the edge of the chair. Place the patient's heel on your thigh to guarantee good accessibility while donning the stockings.



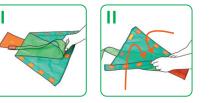
## **Donning instructions:**

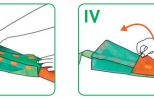
- 2
- Place the Magnide<sup>®</sup> (2in1) on the foot with the light green loop facing up towards the patient. Once the foot is inside the Magnide® (2in1), open the orange flap at the toe area, so that the flap is fixed on top of the foot. Gently slide the foot toward the opening at the front of the Magnide<sup>®</sup> (2in1).
- 3 Pull the stocking over the Magnide<sup>®</sup> (2in1) and slide it over the foot. Make sure the heel of the stocking is in place.
- Instruct the patient to pull the light green loop to remove the Magnide<sup>®</sup> (2in1) from the stocking. Make sure to hold the stocking in its place by holding it with your hands.



## Preparation to re-use Arion Magnide<sup>®</sup> (2in1):

- Fix the top of the loop to the top of the product by using the magnet.
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