

FASCIQ®

- ✓ No. 1 brand for Fascia Tools
- ✓ Extensive range of Fascia release Tools
- ✓ Recommended by leading R&D institutes



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### CONTRAINDICATION

Do not cup over arteries or use cups on fresh scars, blemishes, sunburned or damaged skin, rosacea, eczema or other skin inflammations. Consult your health care provider prior to use if you use dermal-fillers or have had any surgery.

If there is an area that is still bruised from a previous cupping treatment, **DO NOT** cup over the same area, if it is not completely healed.

Information provided in this guide is general, individual results can and will vary.



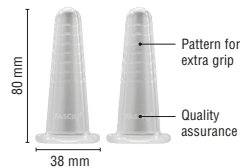
FASCIQ®

## FACIAL CUPPING SET



- ✓ TONE, LIFT, DEFINE, AND SMOOTH OUT WRINKLES
- ✓ REJUVENATE THE LIPS AND RELIEVE TIRED EYES
- ✓ ENJOY THE APPEARANCE OF VIBRANT, YOUTHFUL SKIN!

2 x Medi facial cups



2 x Mini facial cups



### CARE

- Wash in warm, soapy water.
- Do not place in dishwasher.
- Do not freeze, heat or boil cups.

### MATERIAL

- Highest quality Silicone Rubber
- The best developed elasticity and hardness silicon
- BPA Free

### SPECIAL GRIP EDITION

- Easy to hold and turn around
- Optimized shape, silky smooth surface,
- Soft and comfortable
- Ergonomic
- Easy to clean
- Newly developed ideal handle
- Very powerful vacuum effect
- Extremely long life

The silicone rubber is not tested on animals, it is produced safely and without toxic substances.



## HOW TO

### Step 1

Wash the skin thoroughly.

### Step 2

Apply your preferred facial cream or oil to ensure sufficiently lubricated skin, preferring any friction between the cup and the skin.

### Step 3

(Refer to the "Application" illustration on the right).

### Step 4

Use any of the preferred application techniques below:

**1. FACE:** To lift and shape the face, place the medi FASCIQ® facial cup on the side of your nostril and slide across the face toward the ear. For a smoother glide and to avoid tugging skin, use your free hand to anchor skin behind the cup. Next, drain down the side of your face, down your neck, and across your clavicle with your hand or brush.

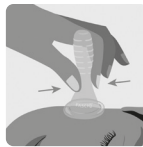
**2. JAWLINE:** Place the medi FASCIQ® facial cup underneath your chin and move it up all the way towards your ear.

**3. FROWN LINES:** Place the medi FASCIQ® facial cup between the eyes on the frown lines, creating a vacuum and releasing the cup. Repeat this process 5-7 times depending on the severity of the frown lines.

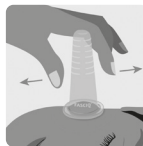
**4. LIPS:** Use the mini FASCIQ® facial cup to plump up your lips. Apply the cup to the center of either your top or bottom lip moving the cup from the center towards the outside of your mouth. Repeat this process a couple of times.

**5. EYES:** Place the mini FASCIQ® facial cup to the inner corner of the eye and carefully glide across the area between the eyelid and eyebrow towards the outside corner of the eye. Eyelids should be avoided. For crow's feet, use one hand to support your skin just above the cheekbone and the other to glide a small or big cup up and down over the crow's feet area.

## APPLICATION



Remove air from the inside of the cup by squeezing the massage cup in the middle.



Place the cup on the chosen skin area and release the cup to create a vacuum.



Very gently move the cup across the skin in either a straight line, circle or zigzag.



To remove the cup from the skin, push the middle of the cup before pulling it away from the skin.

## FASCIQ® CREAM



To insure that your cups slide effortlessly over the skin without any friction, use the **FASCIQ® Cream** (100 ml).

Recommended to use in combination with the **FASCIQ® Facial Cupping Set**.

## FASCIQ® CUPPING SETS



### FASCIQ® FACIAL CUPPING SET



### FASCIQ® SPORTS CUPPING SET - TRIGGER POINT CUPS



### FASCIQ® CUPPING SET OF 4 CUPS



### FASCIQ® SILICONE CUPPING SET TWO SMALL CUPS



### FASCIQ® SILICONE CUPPING SET SMALL & LARGE CUPS



### FASCIQ® SILICONE VACUUM CUP LARGE

