# **FASCIO**

- No. 1 brand for Fascia Tools
- Extensive range of Fascia release Tools
- Recommended by leading R&D institutes

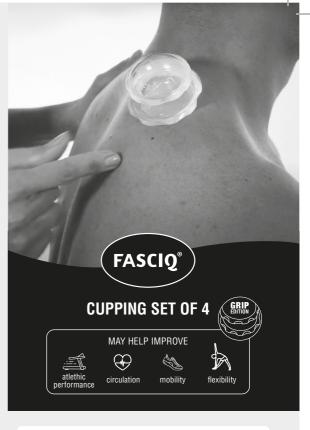


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### CONTRAINDICATION

Do not cup over arteries or use cups on fresh scars, blemishes, sunburned or damaged skin, rosacea, eczema or other skin inflammations. Consult your health care provider prior to use if you use dermal-fillers or have had any surgery.

If there is an area that is still bruised from a previous cupping treatment, DO NOT cup over the same area, if it is not completely healed.

Information provided in this guide is general, individual results can and will vary.



Medium Cup

Small Cup









Mini Cup

#### CARE

102 mm

- Wash in warm, soapy water.
- Do not place in dishwasher.
- Do not freeze, heat or boil cups.

#### MATERIAL

- Highest quality Silicone Rubber
- The best developed elasticity and hardness silicon
- BPA Free

# SPECIAL GRIP EDITION

- Easy to hold and turn around
- Optimized shape, silky smooth surface,
- Soft and comfortable
- Ergonomic
- Easy to clean
- Newly developed ideal handle
- Very powerful vacuum effect
- Extremely long life

The silicone rubber is not tested on animals, it is produced safely and without toxic substances.









### HOW TO

# Step 1

Wash the skin thoroughly.

### Step 2

Apply cream or oil of your choice to insure sufficiently lubricated skin, this will prevent any friction when sliding the cup(s) over the skin.

# Step 3

These cups are perfect to remove cellulite from thighs, hips, buttocks, etc. You can determine the strength of suction by how much you compress the cups before applying them to your skin. It is recommended to start off with a lighter suction strength. You can move the cups up and down, side to side and even in circular motions to promote blood flow and a healthy fascia.

# Step 4

(Refer to the "Application" illustration on the right).

 Cupping marks may occur and colour of cupping marks may vary between patients.

### **APPLICATION**



Remove air from the inside of the cup by holding the cup with both hands using both your thumbs to compress the cup by pushing the top of the cup down.



Apply the compressed cup to the targeted skin area and release to create a vacuum/ suction.



Leave cup(s) on the target area for 3-5 minutes, you may also move the cup side to side or rotate it in circular motion.



Lift or compress the cup in order to remove.

### FASCIQ® CREAM



To ensure that your cups slide effortlessly over the skin without any friction, use the **FASCIQ® Cream** (100 ml).

Recommended to use in combination with the FASCIQ® Cupping Set of 4.

### **FASCIQ® CUPPING SETS**



FASCIQ® CUPPING SET OF 4 CUPS



FASCIQ® SPORTS CUPPING SET -TRIGGER POINT CUPS



FASCIQ® FACIAL CUPPING SET



FASCIQ® SILICONE CUPPING SET TWO SMALL CUPS



FASCIQ® SILICONE CUPPING SET SMALL & LARGE CUPS



FASCIQ® SILICONE VACUUM CUP LARGE

