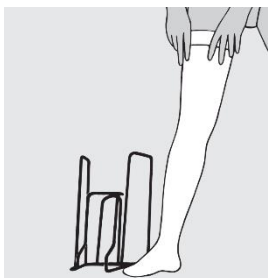
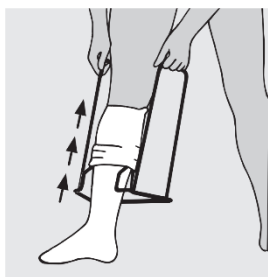
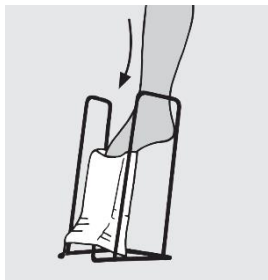
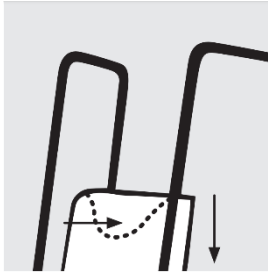
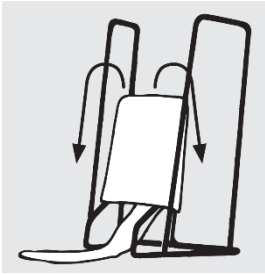


Toomac Aid

Instructions



Place compression garment in the centre half circle (toe on ground with opening at the top of the aid). Make sure the front of the garment is facing forwards (open side of the half circle) whilst the garment heel is facing the back (towards the half circle/user). Gently slide the opening of the compression garment along the half circle down the sides of the aid, opening the garment interior. Continue with this motion until the heel opening is approximately 5-6cm below the top of the half circle of the aid.

Wearer place their foot in the opening of the garment, toe first and ease into the stocking until their foot is firmly on the floor. The wearer can use the handles either side of the aid to ease the garment up the limb adjusting as they need, bring the garment up the limb as high as the wearer can manage.

With the compression garment in place, ease the aid down and away from the rest of the fabric and put to the side. Check the garment is correctly fitted on the foot and heel, spread the weave evenly using your fitting gloves before continuing to adjust garment into place.

For below knee stockings the top border should sit approx. 2 finger widths below the back crease of the knee and for thigh length at the top of the thigh approx. two finger widths below the groin. Any wrinkles/creases in the fabric should be smoothed out using fitting gloves to ensure evenly distributed compression.

The Toomac Aid can also be used to don compression armsleeves.

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