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Care of your Juzo Medical Compression Garments

Most manufacturers recommend clients wash their compression garments after each days wear; the garment's elastins stretch when worn, adjusting to the wearer's body shape and providing support, washing the garment regularly restores the elastins so they stay firm, and removes any oils or flaky skin that may cause irritation or infection for the wearer.

Before washing the garment, close any fastenings (should the garment have any), including any Velcro attachments, to prevent them catching on other clothes. If you have a coloured garment, wash this separately the first time as the colour may run. Wearers can wash Juzo garments in the washing machine, using a delicates bag on a delicate cycle (Temp 40° or less).

Most non-fragrant laundry powders are fine, do not use regular soap, fabric softeners or wool washes as these can shorten the life of your garment. If washing the garment by hand, avoid wringing the garment. Only a small amount of powder is required when hand washing (if the water is too soapy it could affect the garment adherence to the body).

To reduce drying time, place the washed garment on a thick towel and roll tightly, firmly pressing to remove any excess moisture. Place the garment in an aerated area, or over the towel rail or in the hot water cupboard with the towel under the garment to protect it. Avoid having the garment against direct heat or in sunlight when drying as this will stiffen the material and fade its colour.

Juzo garments can be dried in an automatic dryer that has a delicate cycle.

If you aren't sure what to do, refer to the complete washing instructions that come with your garment or contact your Supplier.