

Juzo ACADEMY

2026 Calendar for Webinar Series

Travel Made Easier: Tips for Lipoedema and Lymphoedema Patients on the Go

Travel can be challenging for lipoedema and lymphoedema patients, but with thoughtful preparation and support, it can also be empowering. Learn how you can help patients embark on their journeys with confidence and comfort.

Register: Tuesday 17th March 5:00am – 6:00am

The Impact of Stress Reduction on Inflammation and Quality of Life (QOL) in People with Lymphoedema

The accumulation of fluid and proteins in lymphoedema causes sustained inflammation and results in tissue fibrosis and increased adipose tissue. Impairments caused by the progression of lymphoedema can diminish the overall quality of life (QOL) in cancer survivors. The good news is that stress reduction may help reduce inflammation and improve QOL. In this interactive presentation we will look at research on mindfulness, breathwork and mind-body practices like yoga and qigong and try some simple breathing exercises that both clients and fitters can add to their self-care toolbox.

Register: Thursday 9th April 4:00am – 5:00am

Register: Thursday 25th June 4:00am – 5:00am

Register: Thursday 6th August 4:00am – 5:00am

Register: Thursday 5th November 6:00am – 7:00am

Adverse Childhood Experiences, Inflammation and Chronic Disease

The term Adverse Childhood Experiences (ACEs) refers to ten categories of adversity in three domains – abuse, neglect and household challenges - that are experienced before the age of eighteen. Research has shown that an adult with one or more unmitigated ACEs has an increased risk for multiple chronic diseases, including cancer. Experiencing toxic stress can have a negative effect on the body, and relying on unhealthy coping mechanisms to deal with the effects of trauma can lead to even more adverse effects. In this presentation we will look at the research behind ACEs and resilience practices recommended for people with a history of childhood trauma or chronic stress, including our clients with a cancer history.

Register: Thursday 7th May 4:00am - 5:00am

Register: Thursday 16th July 4:00am - 5:00am

Register: Thursday 10th September 4:00am - 5:00am

Register: Thursday 17th December 6:00am - 7:00am

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Self-Care for Lymphoedema and Lipoedema

Strategies to maximize compliance and optimal management of the disease. Learn from an Industry leader about self-care tools, homecare, self-massage and compression.

Register: Tuesday 20th October 5:00am – 6:00am

Lymphoedema Therapy Structure

This webinar will help clinicians and other professionals organize their day and clinic for efficiency and effectiveness. Ideas that are tested and work in the clinic. Topics covered will be - Unwrap & Wash, MLD, Wrapping, Exercises and Billing.

Register: Friday 20th March 5:00am – 6:00am

Register: Friday 2nd October 9:00am – 9:00am

Compression Therapy - How to Tell the Good from the Bad!

It is important to understand the difference between a good quality garment versus bad. Participants will learn some of the quality measures that separate good quality compression from the cheap imposters.

Register: Wednesday 28th October 5:00am – 6:00am

Register: Wednesday 28th October 7:00am – 8:00am

POTS and COVID-19 - What is the Connection?

There is some evidence that the coronavirus that causes COVID-19 may also trigger a condition called postural orthostatic tachycardia syndrome (POTS) in people with long-haul COVID-19 (people who have recovered from the initial illness but still have lingering symptoms).

Register: Saturday 30th May 4:00am – 5:00am

Register: Tuesday 15th September 4:00am – 5:00am



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PRO Tips for Lymphoedema Care

In this webinar, we will discuss when to measure and fit a patient, how to Donn and Doff garments, skin care and tips to keeping the garment in place.

[Register: Saturday 25th July 4:00am – 5:00am](#)

[Register: Saturday 31st October 8:00am – 9:00am](#)

Everything You Need to Know about Compression Wraps

This is an opportunity to learn the many uses of medical compression wraps and how to get the best outcomes when using them on your patients. Juzo's Medical Adviser, John Jordi PTA, BS, CLT-LANA, MLD/CDT and Education Manager, Caroline Pinney will share insight on Medical Compression Wraps in this one-hour webinar with a Q & A session to follow.

[Register: Friday 5th May 4:00am – 5:00am](#)

[Register: Friday 5th May 7:00am – 8:00am](#)

[Register: Friday 14th August 4:00am – 5:00am](#)

[Register: Friday 18th December 8:00am – 9:00am](#)

Effective Eating Plans for Chronic Inflammation in Lipoedema and Lymphoedema

Linda Anne Kahn delves deeply into eating plans to manage chronic inflammation associated with Lipoedema and Lymphoedema.

[Register: Tuesday 12th May 4:00am – 5:00am](#)

[Register: Tuesday 10th November 6:00am -7:00am](#)

NEW TOPIC! Is it the Fit or The Fitting?

Many times, a good fit and a good fitting are not the same. This course looks to see what the problem is in the garment on the patient. This will help reduce returns. Additionally, this will help to provide clinical insights and patient understanding of the proper fit.

[Register: Friday 5th June 7:00am -8:00am](#)

[Register: Friday 4th December 9am-10:00am](#)



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Choosing the Right Garment

Juzo's Clinical Manager, John Jordi PTA, BS, CLT-LANA, MLD/CDT will lead you through considerations in choosing the correct type of fabric and garment for your lymphoedema patients.

[Register: Friday 29th May 7:00am – 8:00am](#)

[Register: Friday 4th September 4:00am – 5:00am](#)

[Register: Friday 4th September 7:00am – 8:00am](#)

Differential Diagnosis

John Jordi PTA, BS, CLT-LANA, MLD/CDT will share his thought processes in differentiating between two or more conditions that could be behind a person's symptoms.

[Register: Friday 10th July 7:00am – 8:00am](#)

[Register: Friday 6^h November 4:00am – 5:00am](#)

[Register: Friday 6th November 8:00am – 9:00am](#)

[Register: Saturday 21st November 6:00am – 7:00am](#)

Nighttime Garments 101

Learn all about Nighttime Garments with a special introduction to Juzo's new Nighttime solution.

[Register: Thursday 23rd April 6:00am – 7:00am](#)

[Register: Thursday 8th August 4:00am – 5:00am](#)

What's the Connection? How Your Lymphatic System and Venous System Synergize

New research is proving that it's crucial to have a lymphatic-first mindset. Why? Because all oedema is lymphatic overload - Let's look at the connection!

[Register: Wednesday 8th July 4:00am – 5:00am](#)

[Register: Wednesday 8th July 7:00am – 8:00am](#)

[Register: Wednesday 23rd December 8:00am – 9:00am](#)



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Compression Therapy & Wounds 101!

This webinar will go over the basics of venous disease with a special emphasis on venous stasis ulcers.

[Register: Friday 3rd April 5:00am – 6:00am](#)

[Register: Friday 3rd April 8:00am – 9:00am](#)

[Register: Tuesday 30th June 4:00am – 5:00am](#)

[Register: Tuesday 8th December 4:00am – 5:00am](#)

[Register: Tuesday 8th December 8:00am – 9:00am](#)

Patient Evaluations that Work

Setting up your evaluation for a successful treatment and expectations from you and the patient. Not all evaluations lead to satisfied patients, this will help you inform the patient of expectations and plan for a strong finish in therapy. In this webinar we will address: Copay, Time commitment, Outcomes, Garments, Insurance, Night garments, HCPCS codes and ICD 10.

[Register: Friday 17^h April 4:00am - 5:00am](#)

[Register: Friday 30th October 8:00am - 9:00am](#)

The Importance of Exercise for Lymphoedema Patients

We will discuss the basics of lymphoedema and how compression used with exercise can help manage the condition.

[Register: Tuesday 5th May 6:00am - 7:00am](#)

[Register: Tuesday 4th August 4:00am - 5:00am](#)

[Register: Thursday 8th October 5:00am - 6:00am](#)

Beyond Custom-Know Your Options!

Understanding flat knitted garment options that are available may help you optimize successful treatment for your lymphoedema patients. We will also review the science of compression as well as case studies.

[Register: Wednesday 1st July 4:00am -5:00am](#)

[Register: Wednesday 1st July 6:00am -7:00am](#)

[Register: Tuesday 24th November 6:00am -7:00am](#)



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An Expert Opinion on Lipoedema with Linda Anne Kahn

Thought leader, Linda Anne Kahn, will lead us in an in-depth discussion about Lipoedema based on science-based research.

[Register: Tuesday 21st April 4:00am - 5:00am](#)

[Register: Tuesday 18th August 4:00am - 5:00am](#)

[Register: Tuesday 15th December 6:00am - 7:00am](#)

Lymphoedema vs. Lipoedema - What's the Difference?

You will learn the differences between Lymphoedema and Lipoedema with a special focus on compression garment solutions.

[Register: Friday 19th June 6:00am - 7:00am](#)

[Register: Wednesday 12th August 7:00am - 8:00am](#)

[Register: Wednesday 2nd December 6:00am - 7:00am](#)

Breast Cancer Related Lymphoedema and the Role of Compression Therapy

Compression therapy plays an essential role in managing lymphoedema. We will discuss optimal lymphoedema management.

[Register: Saturday 14th March 8:00am -9:00am](#)

[Register: Friday 11th September 4:00am -5:00am](#)

The Important Role of Nutrition for Lymphoedema Patients

Nutrition plays an important role in managing Lymphoedema and Lipoedema. We will explore some of the main foods to focus on for healthy management skills for these chronic, progressive diseases.

[Register: Wednesday 15th April 4:00am - 5:00am](#)

[Register: Wednesday 15th April 7:00am - 8:00am](#)

[Register: Wednesday 30th September 8:00am - 9:00am](#)