



2025 Calendar for Webinar Series

NEW TOPIC! Travel Made Easier: Tips for Lipoedema and Lymphoedema Patients on the Go

Travel can be challenging for lipoedema and lymphoedema patients, but with thoughtful preparation and support, it can also be empowering. Learn how you can help patients embark on their journeys with confidence and comfort.

Register: Tuesday 4th February 6:00am – 7:00am

Register: Tuesday 10th June 6:00am – 7:00am

NEW TOPIC! The Impact of Stress Reduction on Inflammation and Quality of Life (QOL) in People with Lymphoedema

The accumulation of fluid and proteins in lymphoedema causes sustained inflammation and results in tissue fibrosis and increased adipose tissue. Impairments caused by the progression of lymphoedema can diminish the overall quality of life (QOL) in cancer survivors. The good news is that stress reduction may help reduce inflammation and improve QOL. In this interactive presentation we will look at research on mindfulness, breathwork and mind-body practices like yoga and qigong and try some simple breathing exercises that both clients and fitters can add to their self-care toolbox.

Register: Friday 21st February 6:00am – 7:00am

Register: Friday 13th June 4:00am – 5:00am

Register: Thursday 20th November 6:00am – 7:00am

NEW TOPIC! Adverse Childhood Experiences, Inflammation and Chronic Disease

The term Adverse Childhood Experiences (ACEs) refers to ten categories of adversity in three domains – abuse, neglect and household challenges - that are experienced before the age of eighteen. Research has shown that an adult with one or more unmitigated ACEs has an increased risk for multiple chronic diseases, including cancer. Experiencing toxic stress can have a negative effect on the body, and relying on unhealthy coping mechanisms to deal with the effects of trauma can lead to even more adverse effects. In this presentation we will take a look at the research behind ACEs and resilience practices recommended for people with a history of childhood trauma or chronic stress, including our clients with a cancer history.

Register: Thursday 3rd April 5:00am - 6:00am

Register: Friday 11th June 4:00am – 5:00am

Register: Thursday 25th September 4:00am - 5:00am





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NEW TOPIC! Self-Care for Lymphoedema and Lipoedema

Strategies to maximize compliance and optimal management of the disease. Learn from an Industry leader about self-care tools, homecare, self-massage and compression.

[Register: Tuesday 15th April 4:00am – 5:00am](#)

[Register: Tuesday 13th May 4:00am – 5:00am](#)

Lymphoedema Therapy Structure

This webinar will help clinicians and other professionals organize their day and clinic for efficiency and effectiveness. Ideas that are tested and work in the clinic. Topics covered will be - Unwrap & Wash, MLD, Wrapping, Exercises and Billing.

[Register: Friday 13th February 6:00am – 7:00am](#)

[Register: Friday 26th September 7:00am – 8:00am](#)

Compression Therapy - How to Tell the Good from the Bad!

It is important to understand the difference between a good quality garment versus bad. Participants will learn some of the quality measures that separate good quality compression from the cheap imposters.

[Register: Saturday 5th April 7:00am – 8:00am](#)

[Register: Wednesday 10th September 4:00am - 5:00am](#)

[Register: Wednesday 17th December 6:00am – 7:00am](#)

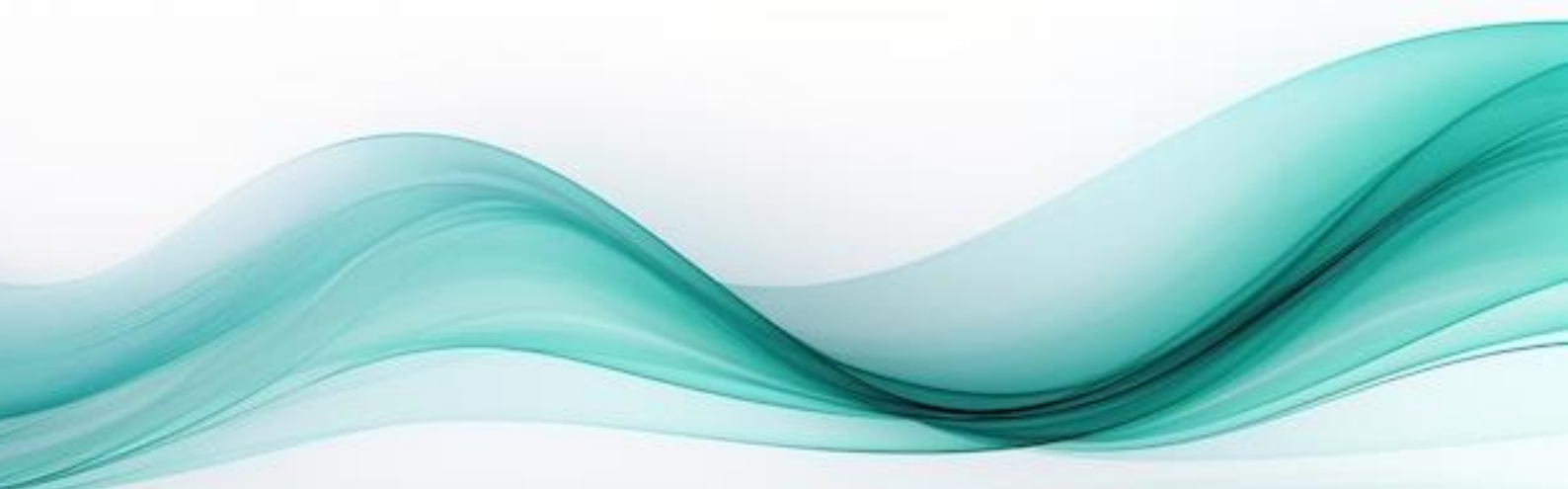
POTS and COVID-19 - What is the Connection?

There is some evidence that the coronavirus that causes COVID-19 may also trigger a condition called postural orthostatic tachycardia syndrome (POTS) in people with long-haul COVID-19 (people who have recovered from the initial illness but still have lingering symptoms).

[Register: Thursday 1st May 4:00am – 5:00am](#)

[Register: Thursday 5th June 4:00am – 5:00am](#)

[Register: Tuesday 14th October 5:00am – 6:00am](#)





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PRO Tips for Lymphoedema Care

In this webinar, we will discuss when to measure and fit a patient, how to Donn and Doff garments, skin care and tips to keeping the garment in place.

Register: Friday 25th July 4:00am – 5:00am

Register: Friday 31st October 8:00am – 9:00am

Part I - Compression for your Tough to Treat Patients!

You get a Double WHAMMY on this one! Two of Juzo's compression experts, Caroline Pinney and John Jordi, will share their opinions on tough to treat patient cases with a Q & A session to follow, in this 3-part series.

Register: Friday 28th February 6:00am – 7:00am

Register: Friday 6th June 7:00am – 8:00am

Part II - Compression for your Tough to Treat Patients!

You will get a Double WHAMMY on this one! Two of Juzo's compression experts, Caroline Pinney and John Jordi, will share their opinions on tough to treat patient cases with a Q & A session to follow, in this 3-part series.

Register: Friday 7th March 8:00am – 9:00am

Register: Friday 18th July 4:00am – 5:00am

PART III - Compression for your Tough to Treat Patients!

You get a Double WHAMMY on this one! Two of Juzo's compression experts, Caroline Pinney and John Jordi, will share their opinions on tough to treat patient cases with a Q & A session to follow, in this 3-part series.

Register: Friday 4th April 8:00am – 9:00am

Register: Friday 7th November 6:00am – 7:00am



2025 Calendar for Webinar Series

Choosing the Right Garment

Juzo's Clinical Manager, John Jordi PTA, BS, CLT-LANA, MLD/CDT will lead you through considerations in choosing the correct type of fabric and garment for your lymphoedema patients.

Register: Friday 20th June 7:00am – 8:00am

Register: Friday 5th September 4:00am – 5:00am

Register: Friday 5th September 7:00am – 8:00am

Differential Diagnosis

John Jordi PTA, BS, CLT-LANA, MLD/CDT will share his thought processes in differentiating between two or more conditions that could be behind a person's symptoms.

Register: Friday 4th July 7:00am – 8:00am

Register: Friday 22nd August 6:00am – 7:00am

Register: Friday 21st November 6:00am – 7:00am

Nighttime Garments 101

Learn all about Nighttime Garments with a special introduction to Juzo's new Nighttime solution.

Register: Saturday 31st May 6:00am – 7:00am

Register: Tuesday 15th July 4:00am – 5:00am

Register: Wednesday 24th December 8:00am - 9:00am

What's the Connection? How Your Lymphatic System and Venous System Synergize

New research is proving that it's crucial to have a lymphatic-first mindset. Why? Because all oedema is lymphatic overload - Lets look at the connection!

Register: Wednesday 26th February 6:00am – 7:00am

Register: Wednesday 26th February 9:00am – 10:00am

Register: Saturday 17th May 4:00am – 5:00am

Register: Saturday 17th May 6:00am – 7:00am

Register: Wednesday 6th August 4:00am – 5:00am

Register: Wednesday 29th October 5:00am – 6:00am

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2025 Calendar for Webinar Series

Compression Therapy & Wounds 101!

This webinar will go over the basics of venous disease with a special emphasis on venous stasis ulcers.

Register: Wednesday 19th March 5:00am – 6:00am

Register: Wednesday 19th March 8:00am – 9:00am

Register: Wednesday 28th May 4:00am – 5:00am

Register: Saturday 16th August 6:00am – 7:00am

Register: Tuesday 4th November 6:00m – 7:00am

Patient Evaluations that Work

Setting up your evaluation for a successful treatment and expectations from you and the patient. Not all evaluations lead to satisfied patients, this will help you inform the patient of expectations and plan for a strong finish in therapy. In this webinar we will address: Copay, Time commitment, Outcomes, Garments, Insurance, Night garments, HCPCS codes and ICD 10.

Register: Friday 28th March 5:00am - 6:00am

Register: Friday 17th October 8:00am – 9:00am

The Importance of Exercise for Lymphoedema Patients

We will discuss the basics of lymphoedema and how compression used with exercise can help manage the condition.

Register: Saturday 3rd May 4:00am - 5:00am

Register: Saturday 14th June 4:00am – 5:00am

Register: Saturday 14th June 6:00am – 7:00am

Register: Saturday 26th July 4:00am – 5:00am

Register: Saturday 25th October 5:00am – 6:00am



2025 Calendar for Webinar Series

Beyond Custom-Know Your Options!

Understanding flat knitted garment options that are available may help you optimize successful treatment for your lymphoedema patients. We will also review the science of compression as well as case studies.

Register: Tuesday 1st July 4:00am – 5:00am

Register: Tuesday 1st July 6:00am - 7:00am

Register: Saturday 6th September 4:00am – 5:00am

Register: Tuesday 2nd December 4:00am - 5:00am

Register: Tuesday 2nd December 9:00am – 10:00am

An Expert Opinion on Lipoedema with Linda Anne Kahn

Thought leader, Linda Anne Kahn, will lead us in an in-depth discussion about Lipoedema based on science-based research.

Register: Tuesday 25th March 5:00am - 6:00am

Lymphoedema vs. Lipoedema - What's the Difference?

You will learn the differences between Lymphoedema and Lipoedema with a special focus on compression garment solutions.

Register: Thursday 27th March 5:00am – 6:00am

Register: Thursday 27th March 8:00am – 9:00am

Register: Tuesday 24th June 6:00am - 7:00am

Register: Wednesday 27th August 7:00am – 8:00am

Register: Tuesday 18th November 6:00am – 7:00am

Register: Tuesday 18th November 9:00am - 10:00am



2025 Calendar for Webinar Series

Breast Cancer Related Lymphoedema and the Role of Compression Therapy

Compression therapy plays an essential role in managing lymphoedema. We will discuss optimal lymphoedema management.

Register: Thursday 20th February 9:00am – 10:00am

Register: Thursday 15th May 6:00am - 7:00am

Register: Wednesday 18th June 4:00am – 5:00am

Register: Saturday 1st November 5:00am – 6:00am

Register: Saturday 1st November 8:00am – 9:00am

The Important Role of Nutrition for Lymphoedema Patients

Nutrition plays an important role in managing Lymphoedema and Lipoedema. We will explore some of the main foods to focus on for healthy management skills for these chronic, progressive diseases.

Register: Saturday 21st June 4:00am - 5:00am

Register: Saturday 21st June 7:00am – 8:00am

Register: Saturday 22nd November 9:00am – 10:00am

Everything You Need to Know about Compression Wraps

This is an opportunity to learn the many uses of medical compression wraps and how to get the best outcomes when using them on your patients. Juzo's Medical Adviser, John Jordi PTA, BS, CLT-LANA, MLD/CDT and Education Manager, Caroline Pinney will share insight on Medical Compression Wraps in this one-hour webinar with a Q & A session to follow.

Register: Friday 25th April 4:00am – 5:00am

Register: Friday 15th August 4:00am – 5:00am

